

INFORMED CONSENT

It is our responsibility to fully inform you of all aspects of your treatment. Part of this includes a discussion of any potential side effect or complications. All treatments potentially can cause these reactions, and chiropractic manipulation is no different. It however, has one of the safest records of the wide range of treatments that can be used for spinal disorders.

Possible adverse effects of spinal manipulation can include soreness in the area of treatment, reactive muscle spasm, injury to the disc causing pressure on the nerve tissue, fractures in weakened bone such as ribs, and injury to arteries in the neck resulting in stroke. Soreness or reactive muscle spasm or tightening are common but usually brief reactions to treatment. The other potential complications are rare. It is best to examine the frequency of these potential complications versus the relative frequency of the complications of the other typical treatments which may be used for a spinal disorder.

Disc injury from manipulation causing spinal cord pressure

1 per 100 million

Artery injury from manipulation causing stroke

1 per million

Neurologic complication from Neck surgery Back Surgery

1 per 64

1 per 333

Death rate from neck surgery

1 per 145

Perhaps the most common alternative to spinal manipulation is the use of the anti-inflammatory drugs. These drugs cause fairly common and potentially serious complications.

Complication associated with anti-inflammatory drug use:

Serious stomach or intestinal bleeding

1 – 4 per 1000 users

Hospitalizations from complications

20,000 per year

Deaths from complications

2,600 per year

I have read the above and understand the risk of complication that may occur from spinal manipulation. With this understanding, I consent to treatment with spinal manipulation with Dr. Alex Aqui, D.C.

Name _____

Signature _____ Date _____